

OUSEBURN FARM

Natasha's Story

Natasha, one of our trainees, helps out in the cafe. Natasha has learning difficulties and never used to leave her room. She also hardly interacted with anyone; not being confident enough to speak to anyone outside of her own family. With a little encouragement from her mum, she joined one of our trainee programmes in the cafe and kitchen.

After near constant interaction with the public, the whirr and whizz of the kitchen, the whistle of the espresso machine, the pace of a busy day at the farm, and the time spent with her fellow trainees and friends in a friendly and safe environment, she left those times behind. She genuinely has a new lease of life. You need only ask her mum, who says that she's a completely different person these days. It's a wonderful story, and one of many that we see unfolding each and every day.

It's because of individuals, and companies like yours, that this farm exists, that our most vulnerable in society, like Natasha, have a place that makes them feel worthwhile. It's because of support from businesses like you that we can actually improve, not by simply maintaining what we already have, but by building on the foundations that we've worked so hard to create.

Your support would be most sincerely appreciated by the whole team at the farm, and all the people who benefit from the farm being here. From the local schoolchildren, the residents of Byker and surrounding areas, the nearby office workers who hear the occasional 'moo' and 'baa' on their lunch break, and our wonderful trainees and volunteers at the farm who thrive here on a daily basis.

Join our Pay for a Day scheme to help more people like Natasha. Call 07881204128 or email chad.male@ouseburnfarm.org.uk for more information.

