

SUPPORTED VOLUNTEERING AT OUSEBURN FARM

GET INTO VOLUNTEERING DROP IN DAYS



**30TH
JANUARY
2025**

5 WAYS TO WELLBEING

Discover how to incorporate the Five Ways to Wellbeing into your life with our hands-on farm workshop—connect with others, get active, learn new skills, embrace mindfulness, and give back to the community in a meaningful way.

**6TH
FEBRUARY
2025**

CARING FOR SMALL ANIMALS

Step into the role of a Small Animal and Reptile Volunteer for a day—take part in daily health checks, cleaning, feeding, and grooming while gaining hands-on experience.

**13TH
FEBRUARY
2025**

ANIMAL ENRICHMENT

Learn about the importance of animal enrichment and unleash your creativity by designing and making personalised enrichment toys for our animals.

**27TH
FEBRUARY
2025**

LIVESTOCK EXPERIENCE DAY

Step into the life of a Livestock Volunteer for a day—help lead animals to pasture, perform daily health checks, feed and exercise goats, and assist with mucking out, all while gaining invaluable hands-on experience with farm animals.

**6TH
MARCH
2025**

FOOD GROWING

Boost your skills and gain hands-on experience in sustainable food production with our practical workshop on growing your own food.

**13TH
MARCH
2025**

REPTILE WEEK

Learn about our variety of reptiles, the care they need and their behaviours. Take part in daily checks, feeds, cleans and reptile bathing.

**20TH
MARCH
2025**

CARING FOR GREEN SPACES AND WILDLIFE

Step into the life of a Horticulture Volunteer for a day, helping us maintain our green spaces. Tasks include garden and orchard maintenance and wild flower planting.

**27TH
MARCH
2025**

LIVESTOCK EXPERIENCE DAY

Step into the life of a Livestock Volunteer for a day—help lead animals to pasture, perform daily health checks, feed and exercise goats, and assist with mucking out, all while gaining invaluable hands-on experience with farm animals.

FUNDED BY

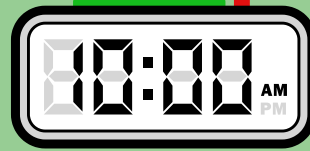


**Funded by
UK Government**

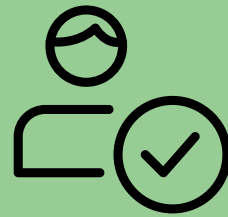


IMPORTANT INFORMATION

All workshops are on
Thursdays from 10am to 2pm



To be eligible, applicants must be 16+, living
North of Tyne and economically inactive



For more information or to sign up to one or
more workshops contact Volunteer
Coordinator, Sarah, on
sarah.smith@ouseburnfarm.org.uk
or call 0191 232 3698



CONFIDENCE



CONNECT



LEARN